


	<b>Tue 14 Feb H/Term</b>	<b>Weds 15 Feb H/Term</b>	<b>Thurs 16 Feb (5:2) H/Term</b>	<b>Fri 17 Feb H/Term</b>	<b>Sat 18 Feb</b>	<b>Sun 19 Feb</b>	<b>Mon 20 Feb (5:2)</b>
<b>Lunch</b>	Soup, bread and cheese	Cheese on toast	Ham and cheese omelette	Butternut squash soup	Bulgar wheat salad	Cauliflower cheese soup	School dinner
<b>Dinner</b>	Kids: meatballs and pasta V&J: Thali takeaway 	Homemade burgers and chips and salad	Baked salmon / chicken, brown rice and salad	Homity pie with red onion and chorizo, and salad	Pasta with courgette, basil and lemon	Lamb and aubergine curries	Beef and vegetable miso soup with brown rice
<b>Notes</b>			Buy salmon, chicken and steak from Aldi		Defrost lamb		