

	Tues 10 Jan	Wed 11 Jan	Thur 12 Jan (5:2)	Fri 13 Jan	Sat 14 Jan	Sun 15 Jan	Mon 16 Jan	Tue 17 Jan (5:2)
Lunch	Packed lunch	school dinner	Packed lunch	school dinner	Aubergine, spinach and paneer salad	Homemade pizza	School dinner V: bulgar wheat salad	Packed lunch
Dinner	All: chicken and chorizo soup	All: chicken pie, mashed potato and veg	All: beef and miso soup	All: sausage meatballs and pasta	All: Homemade KFC Bake honey cake	All: bulgar wheat and feta salad	All: spaghetti bolognese	All: chicken and pitta and salad
Notes	Defrost pie					Defrost mince	Defrost chicken and pitta	